



CHARLES STREET SCHOOL
100 W. Charles Street
Palmyra, New Jersey 08065
PH. (856) 829-3601 Fax (856) 303-0481
"Excellence in Education"

MARK L. PEASE
Principal
mpease@palmyra.k12.nj.us

Dear Parents/Guardians,

This year we are celebrating Red Ribbon Week on Monday October 28th – Friday November 1, 2013. Red Ribbon Week has come to symbolize a nationwide commitment to increase public awareness of drug abuse and to promote a healthy, drug-free lifestyle. Although drugs, alcohol and violence continue to affect our families and our communities, we can fight back! We hope that you will show your support for this initiative by reinforcing with your child/children the importance of maintaining a healthy lifestyle and helping them to say **NO** to drug abuse, alcohol abuse and violence and to say **YES** to healthy habits. Our theme for this school year is "Follow Your Path to Good Character."

Classroom guidance lessons will be covered in various grades during the week in celebration of Red Ribbon Week. Students in grades kindergarten through fifth grade will be given the opportunity to participate in a poster contest opened to Burlington County. Fourth grade students will participate in the Partnership for a Drug-Free New Jersey/Verizon Folder Contest.

During this week all students are invited to participate in our theme days and may wear clothing to show their support. We will also provide giveaways during some of the lessons and activities throughout the week such as bookmarks, pencils, stress balls, ribbons, etc.

Thank you for helping us to reinforce with all of our children a healthy, drug-free life!

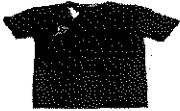
Sincerely,

Kimberly Hoffman
School Counselor

Red Ribbon Week

Monday, October 28th – Friday, November 1st

This week's activities are to encourage students to stay drug and alcohol free. Again, students may wear clothing to show support. Red Ribbon Week banners will be passed around the school for students to sign.



Monday, October 28th

Red Out! Students are encouraged to wear their red uniform shirts to school to kick off Red Ribbon Week and to show commitment to stay drug and alcohol free. Today's message: Enjoy a healthy lifestyle and stay away from drugs. Say **yes** to healthy habits. Name some healthy activities.

Tuesday, October 29th

Sock it to drugs day! Everyone can wear a pair of silly, funny, odd, cute, fancy or sporty socks to school with your shoes. Today's message: Enjoy your life by choosing the right to be silly, funny, happy and serious.



Wednesday, October 30th

"Join the Teams against Drugs." Students can wear something showing support for their favorite sports team. This symbolizes that we are all working as a team to take a stand against using drugs and alcohol. Today's message: Students need to know several ways to say no, drugs are not for me!



Thursday, October 31st

"Hats Off to being Drug-Free." Students may wear any hat to school. Today's message: The good choices we make everyday are what really make us cool.



Friday, November 1st

"I can, you can, we all can say **NO** to drugs." Everyone can bring cans and non perishable food items today and any day this week for those in our community who are in need. Today's message: Good citizenship is caring with a big heart by helping others with our actions and words.

