



# PALMYRA COMMUNITY CENTER PROGRAM BOARD

## SPRING 2018 PROGRAMS

Something for everyone

**WRITE** QUICK REGISTER ONLINE: Classes FILL up!!! [PALMYRACOMMUNITYCENTER.COM](http://PALMYRACOMMUNITYCENTER.COM)

**Tuesday Rivertowns Young Writers Workshop (Ages 12-17) 7-8pm 7weeks (4/10-5/22)** Bring personality & creativity to the page. Focus on voice and structure. Writers will have a chance to share work and help edit each other's stories in multiple drafts. Class culminates in a public reading, with the opportunity to read aloud their very own short story. Material reviewed by instructor. **Instructor: Patrick McNeil, writer, organizer of [Backyard Writers Workshop](#) in Philadelphia and certified teacher in PA. REGISTRATION REQUIRED Class Fee: Resident \$40 Non-Residents \$45**

**Sunday Wellness Yoga with Jill Croft 9-10am**  
**7 weeks (4/15-6/3) NO CLASS: 5/27** Take some time for the mind, body and soul. **Class Fee: Residents \$40 Non-Residents: \$45 Space Limited.**

**YOGA**

**Saturday Tai Chi 9-10am 7 weeks (4/7-5/26)** Called "moving meditation" or "the art of creating energy," a martial art and slow rhythmic exercise. Learn & practice qigong, or stationary movements, as well as tai chi choreographed together. Emphasis on principles; good posture, balance, and continuous whole-body movement, all of which depend on a calm mind and relaxed body. To move freely, wear loose-fitting clothes and light, comfortable shoes. Steve Steinhoff has been studying tai chi for over 15 years and the past 2 years, teaching a tai chi class at the Cinnaminson public library. **Class Fee: Palmyra Residents: \$35 Non-Residents: \$40 Drop-in: \$7 instructor does not have change.**

**CALM**

**Wednesday Learn to Play Piano (ages 7-18) 4:30-5:30pm 8 weeks (4/11-6/6)**

**No Class 5/23** Use the capabilities of the electronic keyboard to teach musicianship, basic note reading musical terms. Learn to play songs using aspects of the keyboard, including rhythms, styles and chords. Optional Performance Showcase 6/6 **Space is limited**

**REGISTRATION REQUIRED** Instructor Lynn B Lofland, Certified Music Teacher [lgbrewin@comcast.net](mailto:lgbrewin@comcast.net) **Class Fee: Resident \$45 Non-Residents \$50**

**MUSIC**

**IT'S BACK!!**

**Monday TOTs Movement (Ages 8mo-4) 9:30 - 10:15am 7weeks (4/9-5/21)** Parent/Caregiver participation required Stretch, dance, be silly, and learn about animals in imaginative and exciting ways. Movement classes are important to help teach body control and behave in social settings. Let creativity flow, share, and practice listening skills. Instructor: Renée Fernandez [www.miculturaunity.org](http://www.miculturaunity.org) **RSVP preferred online, email call. Free for ALL! Donation to Food**

**Thursday Chess 3-4pm (Ages 9-17) (6 weeks) 4/12-5/17** Learn movement, basic rules, and modern strategies of the 1500-year-old fun & competitive game. Strategic concepts taught in easy-to-absorb explanations accompanied by example. **REGISTRATION IS REQUIRED but do not need attend every class.** Instructor: Donald Battle, member of the US Chess Federation since 1998. USCF affiliate & certified club tournament director and ranked in top 5% US 2015 . **Class Fee: Palmyra Resident \$20 Non-Residents \$30**

**MOVE**

**Kids Dance Party (Ages 6-12) 6:30-7:30pm Monthly 4/14 5/19 6/9** Family and Kids follow along to moves or have freedom to do their own thing. Have fun and allow kids the freedom of expression without strict dance instruction with a variety of music styles. **REGISTRATION PREFERRED** Instructor: Renée Fernandez has 5 years teaching experience & three years working abroad in Germany for Berlitz Deutschland and currently runs MiCultura Riverside. [www.miculturaunity.org](http://www.miculturaunity.org) **Saturday April 14 Glow Party** Bring your best GLOW stuff! **Saturday May 19 Crazy Dress Party.** Wear crazy hats, socks and hair! **Saturday June 9 Luau Party** Bring your best Hawaiian gear! **Per Class Fee: \$10 per Family or Per Child and Bring a Friend! Pay for ALL 3 \$25**

**DANCE**

FEEL GOOD FIRST FRIDAY

**Programs that make you feel good on the 1st Friday of the Month! Donations to Bread of Life Food Pantry welcomed! PLEASE CHECK OUR WEBSITE FOR EVENT INFORMATION OR LIKE US ON FACEBOOK!**

**April 6<sup>th</sup> 7-8pm Tai Chi Demonstration** HOST: Steve Steinhoff 15 years' experience tai chi instructor. Teaches class at Cinnaminson library. **INSTRUCTOR for NEW class at PCCPB Saturdays 9-10am (4/7-5/26).** Check out a free demo of this popular slow rhythmic exercise to help a calm mind and relaxed body. Wear lose clothing and comfy shoes!!!

**May 4<sup>th</sup> Spring Art Show 7pm: GOT ART? SEE ART! MAKE ART visit website**

## ART SHOW May 4th

### Thursday Adult Draw 7:30-9pm

**Monthly: 4/26-5/31 -6/28** Exercise your drawing interests. A non-instructional class for all artistic levels, bring your materials or use some of ours! Drop in.

Host: Lee Stoner **No Class Fee: Donation to Food Pantry or \$5**

## DRAW

### Tuesday Craft Lab (ages 6-12) 4:30-5:30pm 6 weeks

(4/10-5/15) Join Renee Hoeffcker's Craft Corner, each week's class will create a new fun project! Space limited

**REGISTRATION REQUIRED**

**Class Fee: Resident \$40 Non-Residents \$45 Drop-In \$10**

## ART

### Thursday Youth Draw: Making Modern Masterpieces (Ages 7-14) 4-5pm

(8 weeks) 4/12-5/31 Artist's Masterpieces' like Monet and Calder, will be discussed and then create artwork inspired by their work using various mediums. Basic drawing skills and composition will be used. No experience needed as step-by-step instruction provided. **ALL MATERIALS INCLUDED! REGISTRATION IS**

**REQUIRED.** Instructor: Lee Stoner

**8 weeks Class Fee: Residents \$45 Non-Residents \$50 Includes materials.**

## BUILD

### Wednesday Lego Build (Age 6-12) 7-8pm (8 weeks)

4/11-5/30 Builders work on their own on a new challenge each week revealed at class. Legos provided. Please do not bring your own Lego. Parents are encouraged to come at the end of class to view and hear about the creations. Building Lego and self-confidence!

**REGISTRATION IS REQUIRED**

SPACE IS LIMITED Instructor:

Christine Young **Class Fee:**

**Resident \$40 Non-**

**Residents \$45**

Wednesday Spotlighters (ages 6-14) 3:15-4:15pm 8 weeks (4/11-6/6) No Class 5/23 Learn the exciting world of musical theater through song and dance. Explore the art of singing, acting and dancing in an ensemble and/or a soloist. We will be preparing scenes and musical numbers from timeless Broadway shows with a showcase on 6/6 Instructor: Lynn Lofland (Musical director of PHS Palmyra Players) **REGISTRATION IS REQUIRED Class Fee: Resident \$50 Non-Residents \$55**

## ACT

Monday BOOK Club 7-8pm (All Ages) Meets Monthly 4/16 5/21 TEENS: 7/16 (no meeting in June) Each Month a new book to read, meet and discuss with a variety of themes, genres and age levels. Check website and FB for each month's book selection. Come to one or all meetings! Hosted by Nancy Fort, the Librarian and Manager at the Riverton Free Library, a branch of the Burlington County Library System. Nancy reads all kinds of books but especially enjoys historical fiction for both adults and children. Nancy is excited to share her love of reading with the community.

**RSVP is preferred, online, email or call. Free for ALL!**

## READ

**Bread of Life Food Pantry** loves our donations; let's keep it up! Check Facebook page for needs or donate what you can. Donate at Borough Hall, M-F 8:30-4:30 or Community Center, bucket in the lobby. **Flags** the Community Center has teamed with the Borough of Palmyra & Girl Scouts to collect used or damaged flags for proper disposal. Bring flags to lobby of Borough Hall M-F, 8:30-4:30PM or Community Center in baskets.

## DONATE

## CONTACT

[www.palmyracommunitycenter.com](http://www.palmyracommunitycenter.com)

PO Box 711 W. Broad Street Palmyra NJ 08065



[communitycenterprogramboard@gmail.com](mailto:communitycenterprogramboard@gmail.com)

Call: Lee 215-704-8123

## REGISTER

**Spring 2018 REGISTER: EASY GO ONLINE**

**Charge/PayPal/Check: [WWW.PALMYRACOMMUNITYCENTER.COM](http://WWW.PALMYRACOMMUNITYCENTER.COM)**

**SAVE 10% ONLINE ONLY WITH 3 OR MORE CLASSES CODE: 3ORMORE10%**

**Checks: MUST Complete Registration & Select Offline Payable: Palmyra Community Center Program Board**

**EMAIL FOR FORM: [communitycenterprogramboard@gmail.com](mailto:communitycenterprogramboard@gmail.com)**