

# INTEGRATIVE HEALTH FAMILY EDUCATION DAY

## Integrative Approaches to Pain Management



Join us for this half-day symposium for adolescents, parents and caregivers to learn about integrative approaches to pediatric pain management.

**SUNDAY, APRIL 7, 2019**  
Noon — 5 p.m.

Ruth and Tristram Colket, Jr. Translational  
Research Building on the Raymond G.  
Perelman Campus  
3501 Civic Center Blvd.  
Ground floor conference rooms  
Philadelphia, PA 19104

*Complimentary parking will be available in the  
Buerger Center for Advanced Pediatric  
Care garage.*

Today, many families are looking for a comprehensive approach to health and wellness. Integrative healthcare focuses on the whole child, not just on disease prevention and treatment. Incorporating complementary care (such as mindfulness, aromatherapy, acupuncture, etc.) with traditional medical management has been proven to reduce stress, speed healing and improve functioning.

Using a variety of treatment approaches allows adolescents to identify which strategies are most effective in managing their pain, as caregivers learn how best to support their child's efforts.

### REGISTRATION INFORMATION

There is a non-refundable registration fee of \$10 per family. Registration is required for each member of the party who will attend. There will be no childcare available, so **this event is restricted to attendees 12 years and older**. Snacks will be provided.

If the registration fee causes a financial burden, please email [integrativehealth@email.chop.edu](mailto:integrativehealth@email.chop.edu). Kindly RSVP by Monday, March 25, 2019 at [integrative-health.eventbrite.com](http://integrative-health.eventbrite.com).