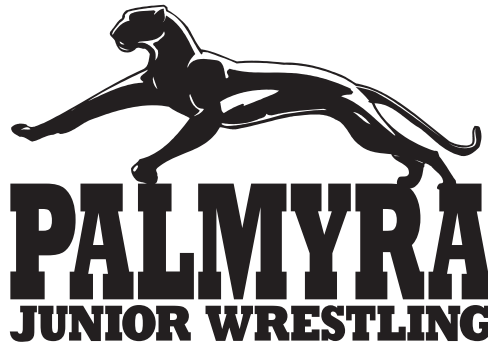


**Discipline  
Confidence  
Fitness  
Strength**



**Fun  
Toughness  
Teamwork  
Focus**

**Our coaching staff is committed to teaching the sport of scholastic wrestling to wrestlers ages 5-14, from beginner to advanced.**

**Wrestlers are organized according to age, weight, and skill level. Our coaches teach the fundamentals and techniques of wrestling while keeping the sport fun and exciting for everyone.**

*First practice is Monday, November 28, 2016.*

Call our head coach with any questions: Stan Young (609) 332-4265

## **WRESTLING SIGN-UPS**

**Tuesday, October 18 from 6:00-7:00 P.M. at Milanese in Riverton  
Monday, October 24 from 6:30-7:30 P.M. at Manny's in Palmyra  
FREE slice for each child registering**

Registration Fee: \$75.00 per wrestler, \$60.00 each additional wrestler in family, due with registration.  
*Registration closes on December 5, 2016.*

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### **Palmyra Junior Wrestling Registration Form 2016-2017** (Please write clearly)

Wrestler's name \_\_\_\_\_ Date of birth \_\_\_\_\_

Wrestler's approximate weight \_\_\_\_\_ Age as of 12/31/2016 \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/guardian's name(s) \_\_\_\_\_ E-mail \_\_\_\_\_

Insurance company \_\_\_\_\_ Effective date \_\_\_\_\_ Insurance policy # \_\_\_\_\_

Emergency contact name/phone number \_\_\_\_\_

Registration Fee: \$75.00 for 1, \$60.00 each additional wrestler *in family*. Cash/Check # \_\_\_\_\_ Received by \_\_\_\_\_

**Register in person, or mail registration and check to: Palmyra Junior Wrestling, P.O. Box 314, Palmyra, NJ 08065**

**\* A \$25 singlet deposit must be received with registration form and payment.**

**Please make this a separate check that will be held until the singlet is returned at the end of the wrestling season.**

\_\_\_\_\_ has my permission to participate in all Palmyra Junior Wrestling activities. I assume all risks and hazards incidental to such participation including transportation to and from any and all related activities; and I do hereby waive, release, and absolve, indemnify, and agree to hold harmless Palmyra Junior Wrestling coaches and volunteers. I also authorize and give permission to the staff of the Palmyra Junior Wrestling to act in my behalf in obtaining medical care in the event of an accident or illness requiring professional medical care. I fully understand the above agreement and will not hold Palmyra Junior Wrestling staff responsible for any actions taken by them in obtaining the best medical care possible for my child.

Parent/Guardian's signature \_\_\_\_\_ Date \_\_\_\_\_